



# Revision Planning

**Katie Hinz**

**Assistant  
Headteacher**

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**KING EDWARD VI**  
SCHOOL LICHFIELD

# Session Objectives

- Understand why many revision plans fail.
- Know how to support their child to build a simple, realistic revision plan.
- Feel confident having supportive planning conversations at home.



# Icebreaker

- “What does your child find most difficult when trying to revise?”
- Write 1-2 suggestions on your whiteboard.



## **Top 6 most popular answers:**

1. Staying focused and avoiding distraction
2. Knowing what to revise and where to start.
3. Remembering information after revising it.
4. Motivation and procrastination.
5. Understanding the content (not just memorising it)
6. Test confidence and exam pressure/exam anxiety.

# Why Planning Matters?

- Students who plan their revision reduce stress and increase retention.
- Planning turns a mountain into manageable steps.
- It helps students balance subjects, avoid cramming, and build confidence.



# Why do revision plans break down?

- Plans are too detailed or ambitious
- Too far ahead to feel real
- Focus on hours rather than tasks
- No flexibility for tired days or emotions
  
- A good plan is not impressive — it's doable



# The 4-Step Supported Revision Plan

## Step 1: Start with What Needs Revising (Not When)

- Parents can help by: Sitting with their child to list subjects
- Breaking subjects into topics (exam board topic lists help)
- Asking them to rank confidence using traffic lights – RAG
- This will then determine priorities and timescales
- Mix subjects strategically - Start with a medium-difficulty subject. Put the hardest subject in the middle. End with an easier or preferred subject – Helps with motivation

⊘ Avoid: “You should be revising everything equally”.

**Task:** “Think of one subject your child finds hardest. What topic within that subject would be a RED on the traffic-light system?”

# The 4-Step Supported Revision Plan

## Step 2: Turn Topics into Specific Tasks

- Explain that plans fail when they say: “Revise Maths”
- Instead, help your child plan:
- “Revise simultaneous equations — practice 10 exam questions”
- “Create flashcards for GCSE biology cell structure”
- Choose a revision technique that works for your child when planning a specific task.

***Task: If your child states « I’m revising English » How could you turn this into a more specific task?***

# The 4-Step Supported Revision Plan

## Step 3: Build a realistic timetable

- Instead of long-term schedules, suggest:
- A weekly plan
- 30–45-minute revision blocks (Timetable template)
- Plan in 10–15-minute breaks.
- 2-3 subjects per evening maximum
- Before creating a plan, look at when revision fits best around your child's energy levels / school commitments / clubs / family / friends / downtime.
- 3–4 quality sessions per evening is far more effective than 3 hours of unfocused sitting.

# The 4-Step Supported Revision Plan

## Step 4: Plan for Flexibility

- Not all revision weeks look the same
- Tired days = shorter sessions, not none
- Plans should be reviewed weekly, not enforced daily

 Phrase to encourage:

“What needs adjusting this week?”




# Supporting the Plan without Taking Over

## Strategy 1: Keep Ownership with your child.

- Children are more motivated when they feel in control
- Parents support best by asking, not telling
- Examples of supportive questions:
- “What’s your plan for tonight?”
- “What do you feel confident sticking to this week?”

## Strategy 2: Be Interested, Not Inspecting

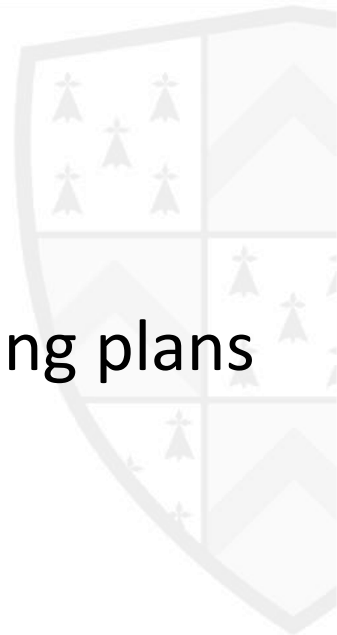
- Ask your child to talk through their plan
- Be available to support
- Acknowledge effort, not just outcomes
-  Avoid:
- Constant checking
- Rewriting or “fixing” their timetable



# Supporting the Plan without Taking Over

## Strategy 3: Help the Conditions, Not the Content

- Parents can most usefully support by:
  - Protecting revision time where possible
  - Supporting routines (sleep, food, breaks)
  - Removing devices
  - Area to work.
  - Helping reduce decision fatigue
- 💡 Reminder: Planning reduces stress — enforcing plans increases



# Tools to support revision planning

- **Paper tools:**

- Weekly timetable template
- Topic checklists
- School enrichment TT
- Flashcards
- A3 wall planner

- **Digital tools:**

- Phone calendar
- Revision apps (e.g., Quizlet, Seneca, Cognito, BBC Bitesize, MyPastPapers, Adapt – revision planner)



# In Summary

- **The 5 key messages to remember**
- Revision plans should be **simple and flexible**
- Weekly plans work better than long-term timetables
- Specific tasks reduce procrastination
- Parents support by questioning, not directing
- A plan should lower stress — not add to it



# Final Thought

“Revision planning isn’t about perfection. It’s about helping your child build small, consistent habits that reduce stress and boost confidence.

You don’t need to be an expert — just a supportive guide.”



# Feedback

Year 11 Parent Information Evening  
- Feedback Form April 16th 2026

