

**1. Please take copies of the following forms from the stage to be completed and handed back today:**

- 1) **Yellow medical form**
- 2) **Blue behaviour agreement & swimming consent**

**2. Please also take a copy of the following sheets from the stage to keep as information:**

- 1) Iceland itinerary and kit list
- 2) **Blue behaviour agreement & swimming consent**

**3. Please hand in completed forms, passport and GHIC now or at the end of the meeting to:**

Mr Phillips (A – Cain surnames)

Mrs Cooper (Camp- G)

Mr Hayward (H - K)

Mrs Elson (L- Y)

4. Pick up your hoodie.



# Iceland 2025

## To cover this afternoon:

- 1) Flight details (number, time, luggage)
- 2) Currency
- 3) Itinerary
- 4) Health and safety + behaviour
- 5) Weather and kit list
- 6) Environmental considerations
- 7) Hotel rooming
- 8) Passports, forms and emergency contact details  
hand in
- 9) Hoodie Collection



# Travel details



**Gather in the bus turning circle at 4.30am on Monday 30<sup>th</sup> June**

There will be parking available in the top car park near the music block. Please DO NOT block the bus turning circle.

Please don't arrive before 4.30am as the Battlefields trip leaves just before we do so we need to allow them time to clear the area.

If you need to carry medication in your hand luggage this should be shown to staff before boarding the coach.

The coach must leave at 4.45am.

## **Flight details:**

### **OUT**

We fly on Monday 30<sup>th</sup> of June on FlyPlay flight number OG0801

**Departs:** London Stansted Airport at 11.40

**Arrives:** Keflavik Airport at 13.45

### **RETURN**

We return on Friday 4<sup>th</sup> July on Flyplay flight number OG800

**Departs:** Keflavik Airport at 06:40

**Arrives:** London Stansted Airport at 10:40

We aim to be back in Lichfield around 2pm.



- No meat, eggs or dairy products to be taken into Iceland
- No nuts to be eaten on the coach/plane





Bluesky

# Keeping informed



Bluesky



Following

## KES Lichfield Ed Visits

Follows you @edvisits.keslichfield.org.uk

57 followers 13 following 36 posts

King Edward VI School, Lichfield's Educational Visits Account.

Showcasing a wide range of local, residential and overseas trips we offer our students to enhance the curriculum.

[www.keslichfield.org.uk](http://www.keslichfield.org.uk)



Followed by King Edward VI School, Lichfield, KES Lichfield Lower School and 10 others



<https://bsky.app/profile/edvisits.keslichfield.org.uk>

# Baggage restrictions

## CHECKED IN BAGGAGE:

- Weight limit: **1 bag weighing up to 20kg.**
- Remember that you are in charge of carrying your bag - keep it light!
- Wear your boots to travel?

## CARRY-ON BAGGAGE:

- **One** carry-on bag per person
- should not exceed **42cm x 32cm x 25cm**

<https://www.flyplay.com/en-gb/support/carry-on-baggage>



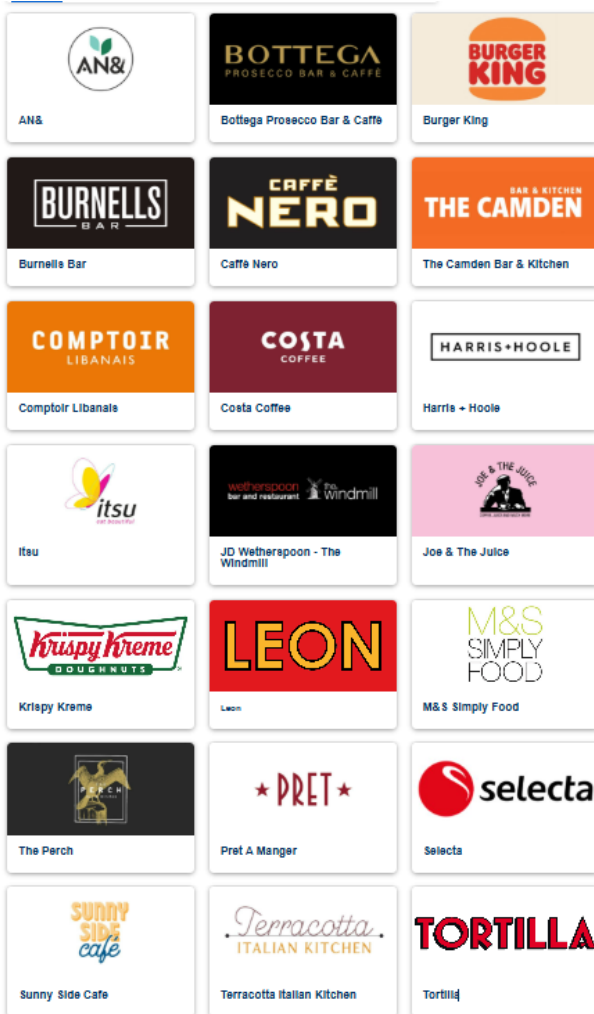
At the flight check in desk, if asked,  
**you did pack your own bag**

### Liquids:

May be carried inside your cabin luggage, providing that:

- No container to hold more than **100 millilitres** of liquid.
- All liquid containers must fit in a **clear, re-sealable 20cm x 20cm plastic bag**
- Doctors note / repeat prescription receipt for any carry-on medication

# Food before departure



- There *should* be time to buy breakfast at the airport
- Take a snack? (buy a drink at the airport or you can fill up your water bottle)
- Some food can be bought on board

## Meal deal €14

## On board

Step 1

**Select a hot dish**  
Ham & cheese baguette, pizza margherita, butter chicken, penne pomodoro.

Step 2

**Select a cold drink**  
Pepsi, Pepsi Max, sparkling water, water, 7UP, Appelsin, orange juice, apple juice.

Step 3

**Select a treat**  
Rís, Draumur, KitKat, Pringles, Mentos, Björnar.

**Hot ham & cheese**  
€10

Take a bite out of your surroundings with this charming sandwich crafted into the shape of the very cabin you're cruising in.

**Penne pomodoro**  
€10

Fuel up mid-flight with some perfectly cooked penne.

**Pizza margherita**  
€10

Take your taste buds on a Roman holiday with a classic pizza margherita.

**Butter chicken**  
€10

All curry-on items must be stewed securely inside mouth during takeoff and landing.





# Currency: Icelandic Krona

Current online exchange rate:

1 GBP = 167.957 ISK

1 Pounds = 167.957 Icelandic Krona

The GBPISK rate as of 17 Jun 2025 at 9:53 PM

**£1 = 168 ISK (Icelandic Krona)**

If you want to bring cash, it is advised to order in advance.

**£30 max**  
**Cards & Apple Pay accepted**

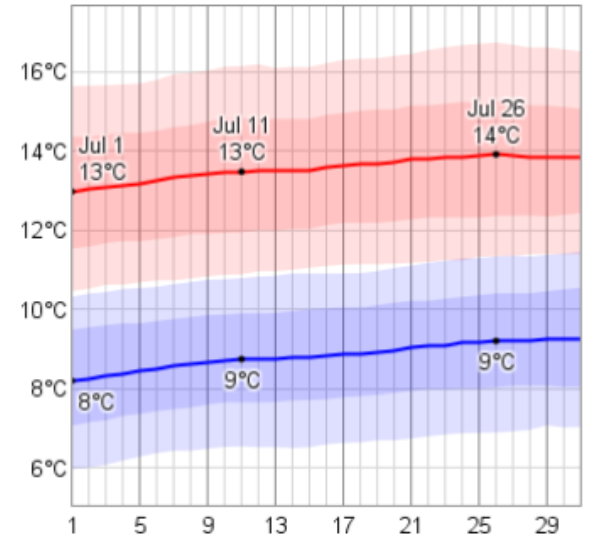


# Weather

*“If you don’t like the season you are experiencing at the moment, simply stand still for 5 minutes and a new one will come along!”*

- Be very respectful of Icelandic weather – **never go anywhere without ALL possible clothing requirements**
- <http://en.vedur.is/>

## Daily High and Low Temperature in July



*The daily average low (blue) and high (red) temperature with percentile bands (inner band from 25th to 75th percentile, outer band from 10th to 90th percentile).*

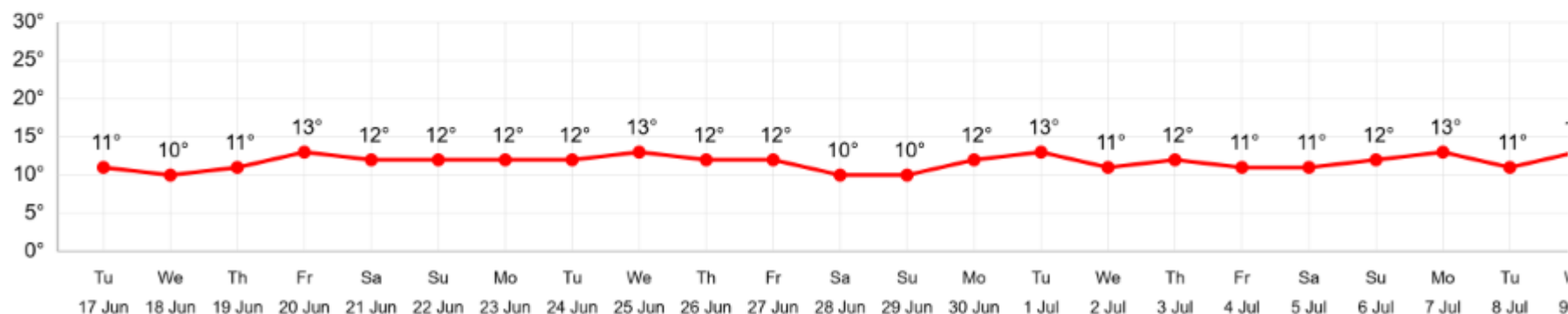
The shortest day of the month is July 31 with 18:03 hours of daylight; the **longest day of the month is July 1 with 20:49 hours of daylight.**



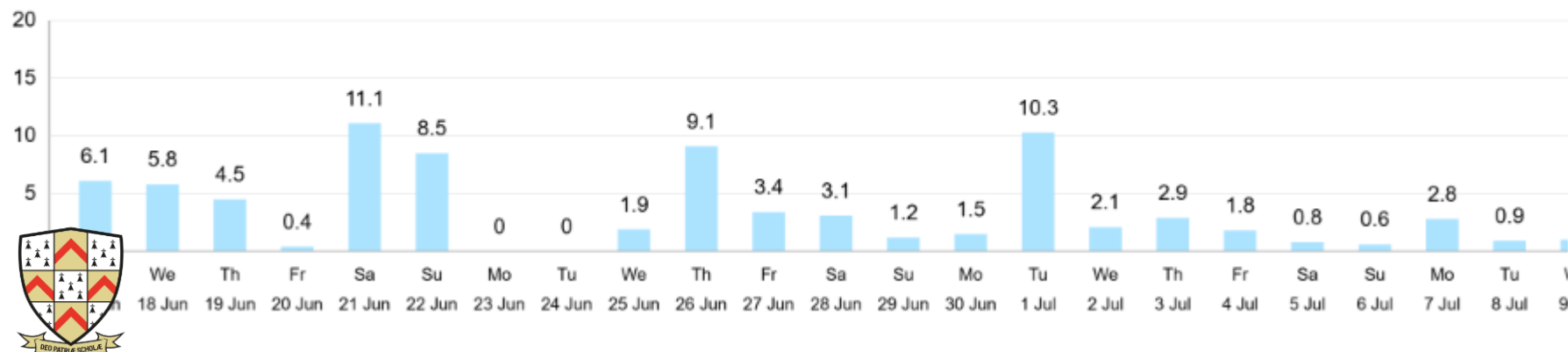


# The weather in Iceland for the next 30 days

This chart shows the temperature in Iceland for the next 30 days, displayed in degrees Celsius. The long-term weather forecast is based on the [14-day weather prediction](#) and the average [historical weather data for Iceland](#) from the past 10 years. We take the changing climate into account, so you know what you can typically expect during this period.



This chart shows the precipitation in Iceland for the next 30 days, measured in millimetres. We base this on the current 14-day weather forecast, followed by the average daily precipitation over the past 10 years.



[Long-term forecast for Iceland](#)

# Kit list



See hand out

- **Layers** are essential
- Waterproofs
- Walking boots to **cover ankle**
- Quick drying towel for pool
- Water bottle & lunch box
- Batteries/chargers (and adaptor)



Two pin





# Hotel Örk

Breakfast, lunch and dinner provided

Boys x 3 to a room  
Girls x 3 to a room



Address:  
Sunnumörk,  
810 Hveragerði,  
Iceland



Swimming permitted when  
lifeguard is present – **give  
permission on the blue form**





# Itinerary – Day 1 – Monday

- › Depart Stansted on FlyPlay flight OG0801 at 11.40
- › Arrive Keflavik Airport, Iceland at 13.45
- › Onto **FlyOver Iceland** in Reykjavik
- › Onto the **Icelandic Lava Show**
- › Dinner of **Fresh Fish and Chips in Reykjavik**
- › On to **Hotel Ork**





# DAY TWO

## Tuesday

- Seljalandsfoss (waterfall you can get behind)
- Skógarfoss (awesome 60 m waterfall)
- **Sólheimajökull Glacier Walking** on the glacier with ice picks and crampons
- Vík woollen mill for shopping/gifts if time allows
- Coastal Features at Reynishverfi (subject to access and safety) and Dyrhólaey including spectacular basalt columns like a small-scale giant's causeway and the black beach.
- Back to Hotel Ork
- Evening swim in heated pool with Lifeguard



**GLACIER  
WALKING**

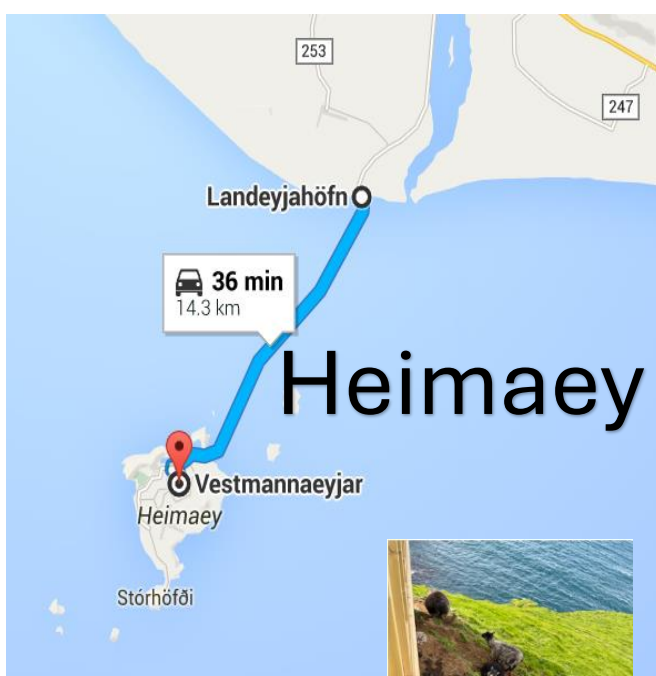




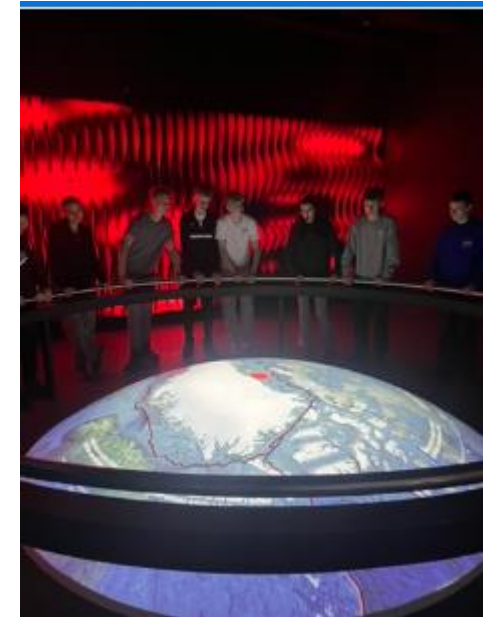
# DAY THREE

## Wednesday

- > Visit to Heimaey: ferry at 10am to the island. Climb the volcano to the crater.
- > Walk across the lava flows and ash deposits, seeing the 'Icelandic Pompeii'
- > In January 1973, lava flow from nearby Eldfell destroyed half the town and threatened to close its harbour, its main income source. An operation to cool the advancing lava with sea water saved the harbour.
- > Ferry back to the mainland
- > Visit the **Lava Centre Cinema and Exhibition**
- > Onto to the **Hotel Ork**
- > **Evening swim in heated pool with Lifeguard**



### Eldfell Volcano



### Lava Centre





# DAY FOUR

## Thursday

- > To the Perlan Ice Cave and Planetarium
- > Þingvellir National Park - rifting between American & Eurasian plates
- > Gullfoss – awesome fault-guided waterfall and walk beside its gorge
- > Geysir & Strokkur
- > On to the Fontana Geothermal Spa
- > Back to the Hotel Ork



Perlan



Þingvellir



Gullfoss



Geysir



# Icelandic pool and spa etiquette

- Remove outdoor footwear before entering changing rooms
- It is normal practice for Icelanders to shower and **clean all body parts before and after entering the pools**
- Diagrams to this effect are found in most changing rooms... there are dispensers of shampoo/soap on the walls
- Students should choose '**buddies**' to look out for each other in the pools. No diving/bombing etc.
- Don't spend too long in the **hot pools** as it may make you feel unwell.
- Take care if you go in the lake and follow instructions.



Please indicate permission for swimming on the blue behaviour form



# DAY FIVE

# Friday

- > Depart Keflavik International Airport on FlyPlay flight OG800 at 06.40
- > Arrive Stansted at 10.40



## 10-11 / GINGER / DUNKIN DONUTS

Convenience store



## JOE AND THE JUICE

Refreshing juices, delicious sandwiches and fresh



## LOKSINS BAR

Airport bar



## MATHÚS

A friendly vibe and a wide range of food



## NORD

Icelandic freshness coupled with Scandinavian



## SEGAFREDO

Coffee and tea



# Health and safety

- A well-disciplined group is essential for everyone's safety and enjoyment
- You will be **registered in small travel groups** which will be assigned to a specific teacher
- We will go through the specific risks involved at the locations that we visit each day
- In an emergency, contact the school office who will then get in touch with staff in Iceland
- People simply need to be thoughtful, think ahead and not be rash
- Please take your **keyring** whilst travelling and on all excursions.



Please read and sign the behaviour agreement (blue form) and hand back to a teacher at the end



# Health details

- **Yellow medical forms** - please complete and hand in to staff today
- Students must **carry all necessary** medication with them; this will be checked by staff before departure.
- Students' insurance covered by **RPA** – Risk Protection Arrangement - Department for Education
- The Policy is available to read on the school website if you would like to look at the detail.

[RPA membership rules](#)  
[LAMS](#)



## RPA Cover

|  |   |
|--|---|
| Compensation for travel related costs outside of the United Kingdom including medical expenses, loss of baggage, baggage delay, cancellation, curtailment, rearrangement and change of itinerary | Medical expenses £10,000,000 per person<br>Baggage £2,000 per person<br>Cancellation £4,000 per person<br>(£250,000 per trip) |
| Compensation for accidental bodily injury to Employees, governors, trustees, volunteers and pupils of the Member whilst on the business of the Member outside of the United Kingdom              | Death and capital benefits £100,000 per person  |



# Environmental considerations

- Volcanic hazards
- Tour company constantly monitor

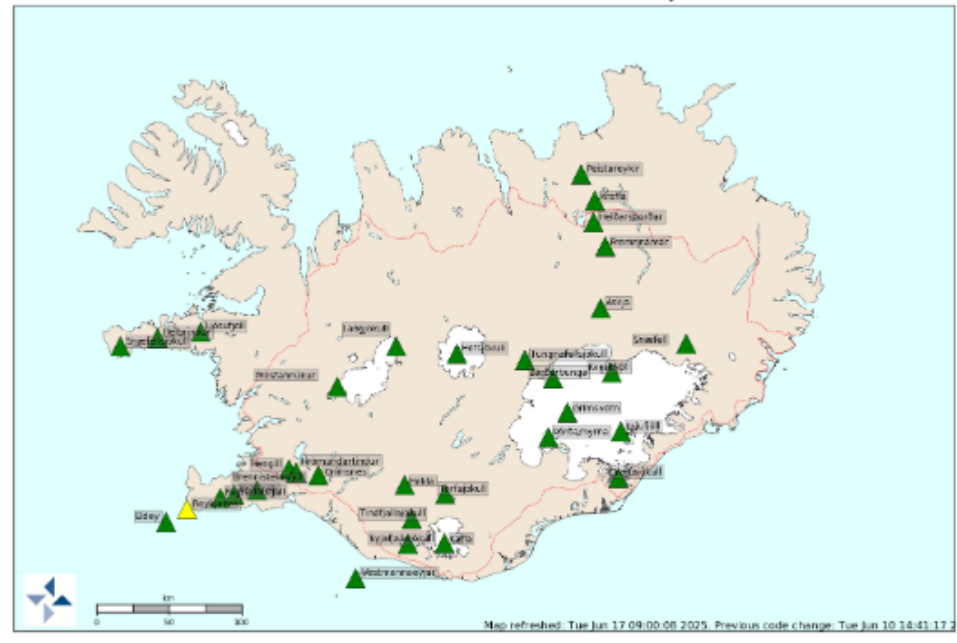
<http://en.vedur.is/earthquakes-and-volcanism/earthquakes/>

- Leave no litter, not even the smallest scrap of food



**IZZY**  
tours

Aviation Color Codes for Icelandic Volcanic Systems



*GREY: Volcano appears quiet but is not monitored adequately. Absence of unrest unconfirmed.*



*GREEN: Volcano is in normal, non-eruptive state.*

*or, after a change from a higher alert level:*

*Volcanic activity considered to have ceased, and volcano reverted to its normal, non-eruptive state.*



*YELLOW: Volcano is experiencing signs of elevated unrest above known background levels.*

*or, after a change from higher alert level:*

*Volcanic activity has decreased significantly but continues to be closely monitored for possible renewed increase.*



*ORANGE: Volcano is exhibiting heightened unrest with increased likelihood of eruption.*

*or,*

*Volcanic eruption is underway with no or minor ash emission.*



*RED: Eruption is forecasted to be imminent with significant emission of ash into the atmosphere likely.*

*or,*

*Eruption is underway with significant emission of ash into the atmosphere.*

# To do before you leave today



## FORMS:

1. Complete **yellow medical form** and hand in to staff
2. Sign **blue behaviour agreement & swimming consent** and hand one copy in to staff. Keep the other copy for your reference.
3. Complete **pink emergency contact** table found **on the stage**



## OTHER:

1. **Post-it note with rooming preferences** (groups of 3) – only one person in the group needs to do this and hand in to Mrs Riley.
2. Collect your **hoodie**
3. **Hand in completed forms, passport and GHIC**

