

## Year 12

Dear Year 12 students and parents,

We hope that the first week of school closures has gone as well as can be expected. As we become used to the new way of living, we wanted to take a moment to remind students of the following tips:

- Try to stick into a routine every day. This is what you are used to and should feel 'normal.'
- Log onto SMH and see the work that is set. Students should be spending their normal lesson and homework time on each subject.
- Make sure you have regular breaks and don't work for hours together. Fresh air and exercise are important in maintaining good physical and mental health.
- You need a break from school life, so try and have a weekday and weekend routine so you still have a good work/life balance.

It is completely natural for you to feel worried about your studies and how your A levels will continue. We want to reassure you that all students nationally are in the same position. You just need to keep going with your work. Once school has more information, we will plan for the future. As a school we will be here to support you throughout and will always do our best for students.

Best wishes, Jemma Williamson, Achievement Leader for year 12 and 13

## Year 13

Dear Year 13 students and parents,

We hope that the first week of school closures has gone as well as can be expected. As we become used to the new way of living, we wanted to take a moment to contact you and remind you of a few key points.

Try to stick to a routine every day. This is what you are used to and should feel 'normal.'

Log onto SMH and see the work that is set. As Ms Rutherford sent out earlier this week: We recommend that students in Year 11 and 13 continue to do some study, particularly in the areas they are keen to pursue next year. Work is available via Show My Homework and we will be gradually adding suggestions to develop wider knowledge and understanding of current courses or to prepare for post-16/18 study. Please note that the current guidance suggests that the appeals process for any final grades awarded would link to some kind of examination or testing in the autumn term; it is impossible for us to know whether students will feel it necessary to pursue this so continued study has to be our underlying advice to all.

Make sure you have regular breaks and don't work for hours together. Fresh air and exercise are important in maintaining good physical and mental health.

You need a break from school life, so try and have a weekday and weekend routine so you still have a good work/life balance.

It is completely natural for students to feel worried about their next steps into university, further study or apprenticeships. Please reassure them that all students nationally are in the same position. Once school has more information, we will plan for the future. Remind them that school will be there to support them throughout and we will always do their best for students.

Best wishes, Jemma Williamson, Achievement Leader for year 12 and 13