

REVISION TIMETABLE

Term time

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am							
10:00am							
11:00am							
12:00am							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm							
9:00pm							
10:00pm							

REVISION TIMETABLE

Holidays

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am							
10:00am							
11:00am							
12:00am							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm							
9:00pm							
10:00pm							

Top revision tips

1

Start as early as you can

Cramming at the last minute is stressful and has limited success.



2

Make a plan

Work out how much time you have and how long you can spend on each subject.



3

Create a suitable space

Find a quiet spot away from distractions and keep your things all in one place.



4

Use methods best for you

Choose the most appropriate revision methods and try to use a mixture for best results.



5

Take regular breaks

It is possible to work too hard! Your brain needs a rest to help it process information.



6

Revise with a friend

Talking through what you've learned can help information stick.



7

Use past papers

These are a great way of getting used to the exam format and testing what you've learned.



8

Eat healthily

Certain foods boost your brainpower and will make you remember more.



See the podcast at:

<http://www.gcsepod.tv/revision-tips>

Technique	Effectiveness	Description of Technique
Practice Testing	High	Self-testing or using past-exam questions while learning.
Distributed practice	High	Developing a schedule of revisions / learning activities over time.
Elaborative Interrogation	Moderate	Thinking about 'why' you have answered a question or creating an explanation for a response.
Self-explanation	Moderate	Linking new information to known information or using applied questions (problem based learning).
Interleaved Practice	Moderate	Developing a schedule that mixes different techniques during a period of study.
Summarisation	Low	Writing summaries of concepts / area of study.
Highlighting	Low	The use of highlighters or underlining while read / rereading.
Keyword Mnemonic	Low	Use of key terms / acronyms / images to associate with concepts to be learned.
Imagery	Low	Attempting to form mental images of materials while reading.
Rereading	Low	Revisiting text that has already been read.

