

# PSHE Outline – 2022-2023

## Term 1

Date	Y7	Y8	Y9	Y10	Y11	Y12	Y13
5-Sep-22	<b>INSET DAY - PSHE Prep Meeting</b>						
Weds 7-Sep-22	Induction	<b>Careers</b> Target Setting	<b>Careers</b> Target Setting	<b>Careers</b> Target Setting	<b>Careers</b> Target Setting	Induction	<b>Careers</b> Target Setting
19-Sep-22	<b>Relationships</b> Friendships	<b>Mental Health</b> Growth Mindset	<b>Mental Health</b> Resilience	<b>Mental Health</b> Anxiety and Low Mood	<b>Citizenship</b> Voting	<b>Careers</b> Guest Speakers Catering and Healthcare	<b>Financial Capability</b>  Student Finance
3-Oct-22	<b>Relationships</b> Bullying and Cyberbullying	<b>Relationships</b> Sexual Bullying	<b>Mental Health</b> Managing Feelings	<b>Relationships / Health</b> Peer Pressure and Alcohol	<b>Citizenship</b> Political Parties	<b>Risk</b> Safe Driving (Guest Speaker)	<b>Careers</b> CV writing
17- Oct- 22	<b>Relationships / Citizenship</b> Diversity and Stereotypes	<b>Relationships</b> Managing Peer Pressure Online	<b>Relationships / Health</b> Peer Pressure and Smoking	<b>Relationships / Sex</b>	<b>Careers</b> Post 16 Options	<b>Financial Capability</b> Cost of Driving	<b>Careers</b> Mock Interviews (Guest Speaker - Bridge Builders)
17-Oct-22	<b>PSHE Prep Meeting</b>						
<b>Half term</b>							
7-Nov-22	<b>Citizenship</b> Human Rights	<b>Internet Harms and Safety</b> Sharing Images	<b>Health</b> Drugs	<b>Relationships / Sex</b>	<b>Careers</b> Personal Statements	<b>Financial Capability</b> Cost of Driving	<b>Careers</b> Post 18 Options
21-Nov-22	<b>Citizenship</b> Community	<b>Internet Harms and Safety</b> Grooming	<b>Health</b> Drugs and Peer Pressure	<b>Relationships / Sex</b>	<b>Careers</b> Personal Statements	<b>Relationships / Sex</b> Consent	<b>Careers</b> Post 18 Options
5- Dec - 22	<b>Citizenship</b> Community and Christmas	<b>Internet Harms and Safety</b> Online Adverts	<b>Health</b> Drugs and the Law	<b>Relationships / Sex</b>	Trial Exams	<b>Relationships / Sex</b> Sexual Health Prevention Team	<b>Careers</b> Post 18 Options

						(Guest Speaker)	
12– Dec 22	PSHE Prep Meeting						

**TERM 2 –**

Date	Y7	Y8	Y9	Y10	Y11	Y12	Y13
2-Jan-23	<b>Bank Holiday</b>						
16-Jan-23	<b>Health</b> Healthy Lifestyle	<b>Health</b> Healthy Lifestyle Exercise	<b>Health</b> Influences on Healthy Lifestyle	<b>Citizenship</b> UK Democracy	<b>Relationships / Sex</b>	<b>Financial Capability</b> Gambling (Guest Speaker)	<b>Financial Capability</b> Gambling (Guest Speaker)
30-Jan-23	<b>Health</b> Mental Wellbeing	<b>Health/ Internet Harms</b> Digital Wellbeing	<b>Careers</b> Y9 Options (Taster session)	<b>Citizenship</b> UK Government	<b>Relationships / Sex</b>	<b>Financial Capability</b> Gambling / Crypto / NFTS	<b>Financial Capability</b> Investment
6 – Feb 23	<b>PSHE Prep Meeting</b>						
13 – Feb - 23	<b>Health</b> Self Esteem	<b>Health/ Internet Harms</b> Body Image	<b>Careers</b> Y9 Options (Taster session)	<b>Citizenship</b> Governments around the world	<b>Relationships / Sex</b>	<b>Careers</b> Volunteering (Guest Speaker)	<b>Careers</b> Employability – Aber (Guest Speaker)
6–Mar-23 *Careers Week 7 <sup>th</sup>	<b>Careers</b> Careers and Money	<b>Careers</b> Values 1	<b>Careers</b> Online Profile 1	<b>Careers</b> Online Profile 2	<b>Relationships / Sex</b>	<b>Careers</b> Work Experience (Guest Speaker)	<b>Risk</b> Safe Driving – Driving with Grace (Guest Speaker)
20-Mar-22	<b>Health</b> Puberty	<b>Careers</b> Values 2	<b>Careers</b> Online Profile 2	Trial Exams	<b>Relationships / Sex</b>	<b>Citizenship / Democracy</b> Senior 5 Hustings	<b>Risky Behaviours</b>
27 –Mar-22	<b>PSHE Prep Meeting</b>						



## TERM 3

<b>Date</b>	<b>Y7</b>	<b>Y8</b>	<b>Y9</b>	<b>Y10</b>	<b>Y11</b>	<b>Y12</b>	<b>Y13</b>
17 – Apr 23	<b>Health</b> Puberty	<b>Citizenship</b> Rights and Responsibilities	<b>Internet Harms</b> Violent Content	<b>Managing Risk</b> Gangs + Knife Crime	<b>Mental Health</b> Managing Stress	<b>Study Skills</b>	<b>Exam Briefing</b>
1-May-23	<b>Bank Holiday</b>						
15-May-23	<b>Health</b> Personal Hygiene	<b>Citizenship</b> UK Justice System – How laws are made	<b>Internet Harms</b> Sexual Content	<b>Managing Risk</b> County Lines	<b>Mental Health</b> Importance of Sleep	<b>Careers</b> Introduction to Post 18 Options	
22- May 23	<b>PSHE Prep Meeting</b>						
5-June-23	<b>Health</b> Puberty and Gender	<b>Citizenship</b> Police Powers	<b>Sex</b> Positive Sexual Relationships and Consent	<b>Careers</b> Prep for Work Experience	<b>GCSE Exams</b>	<b>Careers</b> Post 18 Options	<b>A Level Exams</b>
19-June-23	<b>Relationships</b> Marriage	<b>Citizenship</b> Youth Courts	<b>Sex</b> Contraception	<b>Careers</b> Prep for Work Experience		<b>Careers</b> Post 18 Options	
3-July-23 <b>*Diversity Week</b>	<b>Relationships</b> Type of Relationships	<b>Citizenship</b> Adult Courts	<b>Sex</b> STIs	<b>Careers</b> Work Experience Placements		<b>Careers</b> Post 18 Options	
17-Jul-23	<b>Citizenship</b> Managing Risk Summer Safety - Overview	<b>Citizenship</b> Managing Risk Summer Safety – Open Water	<b>Citizenship</b> Managing Risk Summer Safety - Trainlines				

## MONEY WEEK – Maths lessons – June 2023

Y7	Y8	Y9	Y10
Value for Money (Unit cost / Division)	Bank Accounts and Savings (Percentages)	Income + Pensions (Percentages)	Online Gambling (Probabilities)
Budgets (Addition and Subtraction)	Credit and Debt (Percentages)	Tax and Welfare Spending (Percentages)	Insurance