

Physical Education Homework Guidelines

Key Stage 3

Type of HW	Method of Assessment	Approximate time to complete the task	Timescale for completion	Frequency of task
Every student should complete 5 hours of physical activity each week. They access two hours in core PE. All students should aim to access a further three hours of physical activity; such as extra-curricular sport or recreational activity.	Personal development. See extra-curricular timetable. Family activity. Change for life website.	At least 60 minutes	Weekly	On-going

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Key Stage 4

Type of HW	Method of Assessment	Approximate time to complete the task	Timescale for completion	Frequency of task
Mid unit homework – homework tasks or questions related to theory topics.	These will be marked by students in class or by teachers	30 - 40 minutes	3 - 7 days	Interspersed with teacher assessed homework (no more than one per week). The amount of this type of homework is dependent upon the set.
Teacher assessed homework. Independent tasks where students elect the level of task and style. Students can access the homework choices on Switch.	These tasks will be marked on assessment sheets in students books. Detailed written feedback will be provided from staff to direct students how to improve their work. Students will be expected to complete targets given as a result of their success on the homework	60 – 90 minutes	7 - 14 days	2 per half term (Dependent on length of topic - this will make up main part of H/W in KS4)
Exam papers (Past papers and support papers are given to students in Y11.	These will be marked by students in class or by teachers.	60 - 90 minutes	7 days	These are to be completed one a week the 3 to 6 weeks before the exam
Revising for tests/exams. This is self-motivated using past papers, revision guides, workbooks and useful website.	Examination.	At least 90 minutes	7 - 14 days	Termly interim tests, mock exam and the actual exam. Revision is required for each!

Physical Education Homework Guidelines

Key Stage 5

Type of HW	Method of Assessment	Approximate time to complete the task	Timescale for completion	Frequency of task
End of topic assessments	Teacher or peer or self. Staff will mark work approximately every four lessons	1-2 hours	Approximately 1 week	Approximately every 2 weeks
Past papers and use of mark scheme. Access past papers and mark schemes to check progress.	Teacher or self-assessment	1.5-2 hours	Approximately 1 week	With increased regularity throughout course
PE review – to read relevant articles in the PE review and make additional notes beyond their learning in lesson.	Self-assessment.	60 minutes	Weekly	On-going